

**De Leon ISD
School Health Advisory Council (SHAC)
Meeting Minutes
September 7, 2022**

Meeting was called to order by Chairman Casie Bellomy.

1. 2022 2023 SHAC Officers

Chairman Casie Bellomy

Vice Chair Megan Welch

Secretary Brittany Elkins

All members rolls were acknowledged.

2. District Wellness Plan and Triennial Review was presented by Casie Bellomy and Samantha Jones. Samantha Jones also gave the nutrition report and lunch report. Dr. Marable discussed the cost of lunches. Landon Morris reported on the Fitness Gram Assessment Tool.

Landon Morris made the motion to approve the Wellness Plan and Triennial Review as presented. There was no opposition.

3. Coordinated Health Program Curriculum, *The Great Body Shop (PK-8)* (TEA Adopted), was presented by Landon Morris and Amber Bates. The curriculum will be used at the middle school and elementary school. Health TEKS will be also covered at the Middle School through science class and a Health class.

Lori Womack made a motion to approve the Curriculum and Samantha Jones seconded the motion. There was no opposition.

4. Kaye Quinn presented curriculum and programs that will cover required physical and mental health topics. Services and presentation of curriculum provided by ESC 14 and Children's Advocacy Center (CAC) - Eastland County Crises Center. Selected topics will be taught through science classes and health class.

Samantha Jones made a motion to approve the presented programs and curriculum. There was no opposition.

5. Campus counselors presented Character Education Curriculum for each campus. Terra Jobe and Minde Ivy presented curriculum, *2 Words* which will be used at the middle school and high school. The athletic program will also use the curriculum *2 words*. Natalie Boswell presented the curriculum *Second Step* to be used at the elementary school.

Lori Womack made the motion to approve the presented Character Education curriculums and Nancy Brown seconded the motion. There was no opposition.

Discussion items:

Samantha Jones discussed fundraising needs and ideas. Funds are used to purchase personal hygiene products, eye glasses, and other needs for students at all campuses to ensure healthy lifestyles. Landon Morris and Liesa Nowlin discussed using events such as Fun Runs, Elementary Field Day, Little Dribbler events, etc., to promote and educate parents and students on *healthy lifestyles*.

Items will be added to upcoming agendas.

